STUDIO PAYMENT OPTIONS:
R130 DROP-IN
CLASS PASSES:
R550 FIVE CLASS PASS
R900 TEN CLASS PASS
CLASS PASSES ARE VALID FOR 2 MONTHS FROM PURCHASE DATE
MONTHLY RATES:
R400p/m for 1 x class per week
R640p/m for 2 x classes per week
MONTHLY RATES RUN FROM THE BEGINNING OF THE MONTH UNTIL THE END OF THE MONTH
UNLIMITED MONTHLY CLASS PACKAGE IS AVAILABLE ON REQUEST

Yoga Steps

NOVEMBER 2026

PLEASE NOTE:
- Teachers could change throughout the month
- Classes marked with **^** have ***separate fees***
- Classes marked with ***** are ***booking essential***

For bookings or more info contact:
Cassandra - 064 875 2414
Studio address: 123 Wekker Road, Moreleta Park, Pretoria

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
09:00 - 10:30 | Form Focus Flow *Shakira** 1	**07:15 - 08:15 | Vinyasa** *Shakira* **08:30 - 09:30 | Calm Hatha** *Cassandra* **18:00 - 19:00 | Calm Hatha** *Cassandra* 2	**18:00 - 19:00 | Yin Yoga** *Cassandra* 3	*LOCAL GOVERNMENT ELECTIONS* 4	**07:15 - 08:15 | Vinyasa** *Erin* **08:30 - 09:30 | Yin Yoga** *Cassandra* **17:30 - 18:30 | UNWIND™ (myofascial realease class) |** *Tracy** **18:30 - 19:30 | Line Dancing^** *Dezi: 083 652 5219** 5	**08:30 - 09:30 | Calm Hatha** *Andrea* 6	**07:30 - 09:00 | Kundalini Yoga^** *Dalene: 076 403 4827** **RAINBOW FAIR *at Farmer's Fork on Wekker Road*** *(open class - no fee)* **11:00 - 11:30 | Yoga Class** *Mariette* 7
8	**07:15 - 08:15 | Vinyasa** *Shakira* **08:30 - 09:30 | Calm Hatha** *Cassandra* **18:00 - 19:00 | Calm Hatha** *Cassandra* 9	**18:00 - 19:00 | Yin Yoga** *Cassandra* 10	**07:15 - 08:15 | Calm Hatha** *Cassandra* **08:30 - 09:30 | Nia Dance, Moving to Heal |** *Una: 083 654 6136** **18:15 - 19:00 | Sun Salutations Class** *Cassandra* 11	**07:15 - 08:15 | Vinyasa** *Erin (fill in: Shakira)* **08:30 - 09:30 | Yin Yoga & Tibetan Singing Bowls |** *Cassandra* **17:30 - 18:30 | Pilates** *Esté* **18:30 - 19:30 | Line Dancing^** *Dezi: 083 652 5219** 12	**08:30 - 09:30 | Calm Hatha** *Andrea* 13	**07:30 - 09:00 | Kundalini Yoga^** *Dalene: 076 403 4827** **9:30 - 10:30 | Pop-Up Strength Hatha** *Mariette** 14
10:00 - 11:00 | Yin Yoga & Crystal Singing Bowls | *Cassandra** 15	**07:15 - 08:15 | Vinyasa** *Shakira* **08:30 - 09:30 | Calm Hatha** *Cassandra* **18:00 - 19:00 | Calm Hatha** *Cassandra* 16	**18:00 - 19:00 | Yin Yoga** *Cassandra* 17	**07:15 - 08:15 | Calm Hatha** *Cassandra (fill in: Alexia)* **08:30 - 09:30 | Nia Dance, Moving to Heal |** *Una: 083 654 6136** **18:15 - 19:00 | Sun Salutations Class** *Cassandra* 18	**07:15 - 08:15 | Vinyasa** *Erin* **08:30 - 09:30 | Yin Yoga** *Cassandra (fill in: Deborah)* **17:30 - 18:30 | Pilates** *Esté* **18:30 - 19:30 | Line Dancing^** *Dezi: 083 652 5219** 19	**08:30 - 09:30 | Calm Hatha** *Andrea* 20	**07:30 - 09:00 | Kundalini Yoga^** *Dalene: 076 403 4827** **9:30 - 10:15 | Yoga Nidra & Tibetan Singing Bowls |** *Cassandra** 21
22	**07:15 - 08:15 | Vinyasa** *Shakira* **08:30 - 09:30 | Calm Hatha** *Cassandra* **18:00 - 19:00 | Calm Hatha** *Cassandra* 23	**18:00 - 19:00 | Yin Yoga** *Cassandra* 24	**07:15 - 08:15 | Calm Hatha** *Cassandra (fill in: Alexia)* **08:30 - 09:30 | Nia Dance, Moving to Heal |** *Una: 083 654 6136** **18:15 - 19:00 | Sun Salutations Class** *Cassandra* 25	**07:15 - 08:15 | Vinyasa** *Erin* **08:30 - 09:30 | Yin Yoga** *Cassandra (fill in: Deborah)* **17:30 - 18:30 | Pilates** *Esté* **18:30 - 19:30 | Line Dancing^** *Dezi: 083 652 5219** 26	**08:30 - 09:30 | Calm Hatha** *Andrea* ***RETREAT AT WATHABA | CASSANDRA^**** 27	**07:30 - 09:00 | Kundalini Yoga^** *Dalene: 076 403 4827** **10:00 - 12:45 | DIscounted Reiki Sessions^ |** *Alexia** ***RETREAT AT WATHABA | CASSANDRA^**** 28
11:00 - 12:00 | Nia Dance, Moving to Heal | *Una: 083 654 6136** ***RETREAT AT WATHABA | CASSANDRA^**** 29	**07:15 - 08:15 | Vinyasa** *Shakira* **08:30 - 09:30 | Calm Hatha** *Cassandra* **18:00 - 19:00 | Calm Hatha** *Cassandra (fill in: Alexia)* 30					