

STUDIO PAYMENT OPTIONS:

R130 DROP-IN

CLASS PASSES:

R550 FIVE CLASS PASS

R900 TEN CLASS PASS

CLASS PASSES ARE VALID FOR 2 MONTHS FROM PURCHASE DATE

MONTHLY RATES:

R400p/m for 1 x class per week

R640p/m for 2 x classes per week

MONTHLY RATES RUN FROM THE BEGINNING OF THE MONTH UNTIL THE END OF THE MONTH

UNLIMITED MONTHLY CLASS PACKAGE IS AVAILABLE ON REQUEST

PLEASE NOTE:

- Teachers could change throughout the month

- Classes marked with ^ have **separate fees**

- Classes marked with * are **booking essential**

For bookings or more info contact:

Cassandra - 064 875 2414

Studio address: 123 Wekker Road, Moreleta Park, Pretoria

YogaSteps

SEPTEMBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SPRING ENERGY PASS: R500 TO ATTEND UNLIMITED CLASSES MARKED WITH:  VALID FROM 1 - 30 SEPTEMBER 2026 (T'S & C'S APPLY)			07:15 - 08:15 Calm Hatha Cassandra 08:30 - 09:30 Nia Dance, Moving to Heal Una: 083 654 6136*  18:00 - 19:00 Yin Yoga Cassandra	07:15 - 08:15 Vinyasa Erin  08:30 - 09:30 Yin Yoga Cassandra 17:30 - 18:30 Pilates Esté  18:30 - 19:30 Line Dancing^ Dezi: 083 652 5219*	08:30 - 09:30 Calm Hatha Andrea 10:00 - 11:00 Restorative Yoga Andrea: 072 638 1883* 17:30 - 18:30 Prenatal Yoga Series (class 1 of 6) Cassandra*	07:30 - 09:00 Kundalini Yoga^ Dalene: 076 403 4827* RAINBOW FAIR <i>at Farmer's Fork on Wekker Road</i> (open class - no fee) 11:00 - 11:30 Beginner Yoga Cassandra
	07:15 - 08:15 Strength Hatha Cassandra  08:30 - 09:30 Calm Hatha Cassandra 18:00 - 19:00 Calm Hatha Cassandra (fill in: Alexia)		07:15 - 08:15 Calm Hatha Alexia 08:30 - 09:30 Nia Dance, Moving to Heal Una: 083 654 6136*  18:15 - 19:15 Sun Salutations Class Cassandra 	07:15 - 08:15 Vinyasa Erin (fill in: Shakira)  08:30 - 09:30 Yin Yoga Cassandra 17:30 - 18:30 Pilates Esté  18:30 - 19:30 Line Dancing^ Dezi: 083 652 5219*	08:30 - 09:30 Calm Hatha Andrea 10:00 - 11:00 Restorative Yoga Andrea: 072 638 1883* 17:30 - 18:30 Prenatal Yoga Series (class 2 of 6) Cassandra*	07:30 - 09:00 Kundalini Yoga^ Dalene: 076 403 4827* 09:30 - 10:30 Strength Hatha Cassandra* 
08:15 - 09:15 Sun Salutations Class Cassandra* 	07:15 - 08:15 Strength Hatha Cassandra  08:30 - 09:30 Calm Hatha Cassandra 18:00 - 19:00 Calm Hatha Cassandra		07:15 - 08:15 Calm Hatha Alexia 08:30 - 09:30 Nia Dance, Moving to Heal Una: 083 654 6136*  18:15 - 19:15 Sun Salutations Class Cassandra 	07:15 - 08:15 Vinyasa Erin  08:30 - 09:30 Yin Yoga Cassandra 17:30 - 18:30 Pilates Esté  18:30 - 19:30 Line Dancing^ Dezi: 083 652 5219*	08:30 - 09:30 Calm Hatha Andrea 10:00 - 11:00 Restorative Yoga Andrea: 072 638 1883* 17:30 - 18:30 Prenatal Yoga Series (class 3 of 6) Cassandra*	07:30 - 09:00 Kundalini Yoga^ Dalene: 076 403 4827* 09:30 - 10:30 Nia Dance, Moving to Heal Una: 083 654 6136* 
11:00 - 12:00 Crystal Singing Bowl Sound Healing Cassandra*	07:15 - 08:15 Strength Hatha Cassandra  08:30 - 09:30 Calm Hatha Cassandra 18:00 - 19:00 Calm Hatha Cassandra		07:15 - 08:15 Calm Hatha Cassandra 08:30 - 09:30 Nia Dance, Moving to Heal Una: 083 654 6136*  18:15 - 19:15 Sun Salutations Class Cassandra 	HERITAGE DAY 09:30 - 10:30 Pop-up Pilates Esté* 	08:30 - 09:30 Calm Hatha Andrea (fill in: Deborah)	07:30 - 09:00 Kundalini Yoga^ Dalene: 076 403 4827*
	07:15 - 08:15 Strength Hatha Cassandra  08:30 - 09:30 Calm Hatha Cassandra 18:00 - 19:00 Calm Hatha Cassandra		07:15 - 08:15 Calm Hatha Alexia 08:30 - 09:30 Nia Dance, Moving to Heal Una: 083 654 6136*  18:15 - 19:15 Sun Salutations Class Cassandra 			