

STUDIO PAYMENT OPTIONS:

R130 DROP-IN

CLASS PASSES:

R550 FIVE CLASS PASS

R900 TEN CLASS PASS

CLASS PASSES ARE VALID FOR 2 MONTHS FROM PURCHASE DATE

MONTHLY RATES:

R400p/m for 1 x class per week

R640p/m for 2 x classes per week

MONTHLY RATES RUN FROM THE BEGINNING OF THE MONTH UNTIL THE END OF THE MONTH

UNLIMITED MONTHLY CLASS PACKAGE IS AVAILABLE ON REQUEST

PLEASE NOTE:

- Teachers could change throughout the month

- Classes marked with ^ have *separate fees*

- Classes marked with * are *booking essential*

For bookings or more info contact:

Cassandra - 064 875 2414

Studio address: 123 Wekker Road, Moreleta Park, Pretoria

YogaSteps

AUGUST 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11:00 - 12:00 The Basics of Sacred Geometry TALK 2^ Anka* 15:30 - 16:45 Yoga Qi (Yoga & Qigong)^ Conrad: 072 284 5000* 30	6:30 - 7:30 Slow Vinyasa Chloé* 08:30 - 09:30 Calm Hatha Alexia 18:00 - 19:00 Calm Hatha Cassandra 31					07:30 - 09:00 Kundalini Yoga^ Dalene: 076 403 4827* RAINBOW FAIR at Farmer's Fork on Wekker Road (open classes - no fee) 11:00 - 11:20 Pilates & Yin Esté 12:00 - 12:20 Mandala Land Art Andrea 13:00 - 13:20 Nurturing Yoga Andrea 14:00 - 14:20 Guided Nature Meditation Cassandra 1
11:00 - 12:00 The Basics of Sacred Geometry TALK 1^ Anka* 2	6:30 - 7:30 Slow Vinyasa Chloé* 08:30 - 09:30 Calm Hatha Cassandra 18:00 - 19:00 Calm Hatha Cassandra 3	07:15 - 08:15 Strength Hatha Erin 18:00 - 19:00 Yin Yoga Cassandra 4	07:30 - 08:30 Calm Hatha Alexia 18:15 - 19:15 Sun Salutations Class Cassandra 5	07:15 - 08:15 Vinyasa Olivia 08:30 - 09:30 Yin Yoga Cassandra 17:30 - 18:30 Pilates Esté 18:30 - 19:30 Line Dancing^ Dezi: 083 652 5219* 6	08:30 - 09:30 Calm Hatha Andrea 10:00 - 11:00 Restorative Yoga Andrea: 072 638 1883* 7	07:30 - 09:00 Kundalini Yoga^ Dalene: 076 403 4827* 9:30 - 12:30 Awaken Creativity Workshop^ Andrea: 072 638 1883* 8
NATIONAL WOMEN'S DAY 11:15 - 11:45 Women's Day Yoga at Weiveld Village^ Cassandra* 12:00 - 17:00 Women's Day Ceremony^ Lerato* 9	NATIONAL WOMEN'S DAY OBSERVED 09:00 - 10:00 Calm Hatha Alexia 10	07:15 - 08:15 Strength Hatha Erin 18:00 - 19:00 Yin Yoga Cassandra 11	07:30 - 08:30 Calm Hatha Suzette 18:15 - 19:15 Sun Salutations Class Cassandra 12	07:15 - 08:15 Vinyasa Erin 08:30 - 09:30 Yin Yoga Cassandra 18:30 - 19:30 Line Dancing^ Dezi: 083 652 5219* 13	08:30 - 09:30 Calm Hatha Andrea 10:00 - 11:00 Restorative Yoga Andrea: 072 638 1883* 14	07:30 - 09:00 Kundalini Yoga^ Dalene: 076 403 4827* 15
	06:30 - 07:30 Slow Vinyasa Chloé* 08:30 - 09:30 Calm Hatha Alexia 18:00 - 19:00 Calm Hatha Cassandra 16	07:15 - 08:15 Strength Hatha Erin 18:00 - 19:00 Yin Yoga Cassandra 17	07:30 - 08:30 Calm Hatha Suzette 18:15 - 19:15 Sun Salutations Class Cassandra 18	07:15 - 08:15 Vinyasa Erin 08:30 - 09:30 Yin Yoga Cassandra 17:30 - 18:30 Pilates Esté 18:30 - 19:30 Line Dancing^ Dezi: 083 652 5219* 19	08:30 - 09:30 Calm Hatha Andrea 10:00 - 11:00 Restorative Yoga Andrea: 072 638 1883* 20	07:30 - 09:00 Kundalini Yoga^ Dalene: 076 403 4827* 11:00 - 11:45 Yoga Charity Drive at the Border Collie Rescue Cassandra* (bring a donation as payment) 21
	06:30 - 07:30 Slow Vinyasa Chloé* 08:30 - 09:30 Calm Hatha Cassandra 18:00 - 19:00 Calm Hatha Cassandra 22	07:15 - 08:15 Strength Hatha Erin 18:00 - 19:00 Yin Yoga Cassandra 23	07:30 - 08:30 Calm Hatha Suzette 18:15 - 19:15 Sun Salutations Class Cassandra 24	07:15 - 08:15 Vinyasa Erin 08:30 - 09:30 Yin Yoga Cassandra 17:30 - 18:30 Pilates Esté 18:30 - 19:30 Line Dancing^ Dezi: 083 652 5219* 25	08:30 - 09:30 Calm Hatha Andrea 10:00 - 11:00 Restorative Yoga Andrea: 072 638 1883* 26	07:30 - 09:00 Kundalini Yoga^ Dalene: 076 403 4827* 09:30 - 10:30 Nia Moving to Heal Una: 083 654 6136* 11:00 - 14:45 Discounted Reiki Sessions^ Alexia* 27